

Informed Consent for Patients Who Exhibit Symptoms of TMJ Disorder

Disorders of the temporomandibular joint can mimic other dental and medical problems. A recent medical examination by a physician should rule out life threatening diseases that can cause headaches including, but not limited to, such conditions as intracranial tumor or coronary heart disease. The patient can help by giving the clinician a detailed medical and family history, including a history of any food or drug allergies. Treatment for TMJ disorders can be lengthy and frustrating. The patient must inform the clinician about changes in jaw function.

Length of Treatment: Treatment time can vary widely. In general, the treatment plan will be more lengthy and complicated if symptoms are severe, or the problem has existed for a long time.

Possible Complications: We will make our best effort to diagnose and treat and TMJ disorder with timely and cost-effective methods. The most proven and conservative techniques will be used. However, you should be aware that there is much debate in the scientific literature on the most effective techniques or combination of treatments modalities. They include, but are not limited to, prosthetic splints, restorative dental procedure, TM joint surgery, biofeedback, phonophoresis, transcutaneous electrical nerve stimulation (TENS), acupuncture, muscle trigger point injections, hypnosis, psychological counseling, orthodontic and orthopedic appliances. Anytime a general anesthetic is used, the possibility of respiratory or cardiac arrest, allergic reaction, and death increases. As with any form of medical or dental treatment, infrequently, unusual occurrences can do and happen. Orthodontic, orthopedic, and prosthetic appliances may be swallowed or inhaled. Swallowed appliances may have to be surgically removed. Inhaled appliances can lead to respiratory arrest and death. Broken or loosened teeth, dislodged dental restorations, mouth sores, periodontal problems, root absorption, non-vital teeth, muscle spasms, ear and back problems, limb numbness, and additional medical and dental risks are all possible occurrences.

Some TMJ symptoms may get much worse with treatment. Patients with longstanding arthritic joint disease or traumatic injury can demonstrate more severe symptoms during the initial stages of treatment.

Good communication is essential for the best treatment results. Please call or come to the office if you have any questions regarding treatment.

I consent to the taking of photographs, video tapes, and x-rays before, during and after treatment.

I certify I have read or had read to me the consents of this form and do realize the risks and limitations involved, and do consent to the treatment by Dr. Christian Victor.

Patient Name: _____ Date: _____

Patient/Parent/Guardian Signature: _____

Witness: _____

TMJ QUESTIONNAIRE

Form 401E

This questionnaire was designed to provide important facts regarding the history of your pain or condition. The information you provide will assist in reaching a diagnosis. Please take your time and answer each question as completely and honestly as possible. Please sign each page.

PATIENT INFORMATION

TODAY'S DATE: _____

☐ MR. ☐ MS ☐ MISS ☐ MRS. ☐ DR. NAME: _____

FIRST

MIDDLE INITIAL

LAST

AGE: _____

DATE OF BIRTH: _____

☐ MALE ☐ FEMALE

ADDRESS: _____

CITY/STATE/ZIP: _____

EMPLOYED BY: _____

ADDRESS: _____

SS#: _____

HOME PHONE: _____

WORK PHONE: _____

CELL PHONE: _____

EMAIL: _____

RESPONSIBLE PARTY: _____

PHYSICIAN NAME & ADDRESS: _____

REFERRED BY: _____

WHAT ARE THE CHIEF COMPLAINTS FOR WHICH YOU ARE SEEKING TREATMENT?

1. Please number your complaints with #1 being the most severe symptom, #2 the next, etc.

2. Then rate your complaints for frequency and intensity:

Frequency:

(1- SELDOM, 2-OCCASIONAL, 3- FREQUENT, 4- EVERY DAY)

Intensity:

(0 is NO PAIN and 10 is MOST SEVERE PAIN)

Number	Frequency	Intensity
#1 = the most severe symptom	1-4	0-10
Back Pain	_____	_____
Dizziness	_____	_____
Ear Congestion	_____	_____
Ear Pain	_____	_____
Eye Pain	_____	_____
Facial Pain	_____	_____
Fatigue	_____	_____
Headaches	_____	_____
Jaw Clicking	_____	_____
Jaw Joint Noises	_____	_____
Jaw Locking	_____	_____
Jaw Pain	_____	_____
Limited Mouth Opening	_____	_____
Muscle Soreness	_____	_____
Muscle Twitching	_____	_____
Neck Pain	_____	_____
Pain when Chewing	_____	_____
Ringing in the Ears	_____	_____
Shoulder Pain	_____	_____
Sinus Congestion	_____	_____
Throat Pain	_____	_____
Visual Disturbances	_____	_____
Other - write in:	_____	_____

LIST ANY MEDICATIONS WHICH HAVE CAUSED AN ALLERGIC REACTION:

Y ☐ N ☐ Antibiotics
 Y ☐ N ☐ Aspirin
 Y ☐ N ☐ Codeine
 Y ☐ N ☐ Iodine
 Y ☐ N ☐ Latex
 Y ☐ N ☐ Local anesthetics

Y ☐ N ☐ Metals
 Y ☐ N ☐ Penicillin
 Y ☐ N ☐ Plastic
 Y ☐ N ☐ Sedatives
 Y ☐ N ☐ Sleeping pills
 Y ☐ N ☐ Sulfa drugs

Other allergens: _____

Patient Signature: _____

Date: _____

LIST ANY MEDICATIONS YOU ARE CURRENTLY TAKING:

Y ☐ N ☐ Antibiotics
Y ☐ N ☐ Anticoagulants
Y ☐ N ☐ Blood thinners
Y ☐ N ☐ Codeine

Y ☐ N ☐ Cortisone
Y ☐ N ☐ Diet pills
Y ☐ N ☐ Heart medication
Y ☐ N ☐ Insulin

Y ☐ N ☐ Muscle relaxants
Y ☐ N ☐ Pain medication
Y ☐ N ☐ Sleeping pills
Y ☐ N ☐ Sulfa drugs

Other current medications: _____

MEDICAL HISTORY

Y ☐ N ☐ Anemia
Y ☐ N ☐ Arteriosclerosis
Y ☐ N ☐ Asthma
Y ☐ N ☐ Autoimmune disorders
Y ☐ N ☐ Bleeding easily
Y ☐ N ☐ Blood pressure
☐ High ☐ Low
Y ☐ N ☐ Cancer
Y ☐ N ☐ Chemotherapy
Y ☐ N ☐ Chronic fatigue
Y ☐ N ☐ Current pregnancy
Y ☐ N ☐ Diabetes
Y ☐ N ☐ Difficulty concentrating
Y ☐ N ☐ Dizziness
Y ☐ N ☐ Emphysema
Y ☐ N ☐ Epilepsy
Y ☐ N ☐ Fibromyalgia
Y ☐ N ☐ Frequent snoring
Y ☐ N ☐ Hay fever

Y ☐ N ☐ Hearing impairment
Y ☐ N ☐ Heart murmur
Y ☐ N ☐ Heart disorder
Y ☐ N ☐ Heart pacemaker
Y ☐ N ☐ Heart valve replacement
Y ☐ N ☐ Hemophilia
Y ☐ N ☐ Hepatitis
Y ☐ N ☐ Immune system disorder
Y ☐ N ☐ Injury to
☐ Face ☐ Neck ☐ Teeth
☐ Head ☐ Mouth
Y ☐ N ☐ Insomnia
Y ☐ N ☐ Intestinal disorders
Y ☐ N ☐ Jaw joint surgery
Y ☐ N ☐ Meniere's disease
Y ☐ N ☐ Migraines
Y ☐ N ☐ Multiple sclerosis
Y ☐ N ☐ Muscle spasms or cramps
Y ☐ N ☐ Needing extra pillows to help breathing at night

Y ☐ N ☐ Osteoarthritis
Y ☐ N ☐ Osteoporosis
Y ☐ N ☐ Poor circulation
Y ☐ N ☐ Prior orthodontic treatment
Y ☐ N ☐ Radiation treatment
Y ☐ N ☐ Rheumatic fever
Y ☐ N ☐ Rheumatoid arthritis
Y ☐ N ☐ Scarlet fever
Y ☐ N ☐ Shortness of breath
Y ☐ N ☐ Sinus problems
Y ☐ N ☐ Sleep Apnea
Y ☐ N ☐ Speech difficulties
Y ☐ N ☐ Swollen, stiff or painful joints
Y ☐ N ☐ Tooth clenching or grinding
Y ☐ N ☐ Wisdom teeth extraction

Other medical history: _____

SYMPTOMS: PLEASE INDICATE LOCATION AND TYPE OF ANY HEAD PAIN

L= Left R=Right B=Both sides

HEAD PAIN	LOCATION	SEVERITY			FREQUENCY			DURATION			
		MODERATE		OCCASIONAL (MONTHLY OR LESS)	FREQUENT (WEEKLY)	CONSTANT (EVERY DAY)	MINUTES		DAYS		WEEKS
		MILD	SEVERE				SECONDS	HOURS			
L R B	Front of your head (Frontal)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
L R B	Entire head (Generalized)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
L R B	Top of your head (Parietal)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
L R B	Back of your head (Occipital)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
L R B	In your temples (Temporal)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

HISTORY OF SYMPTOMS

When did your condition first occur? _____




What do you believe to be the cause of your pain or condition? _____

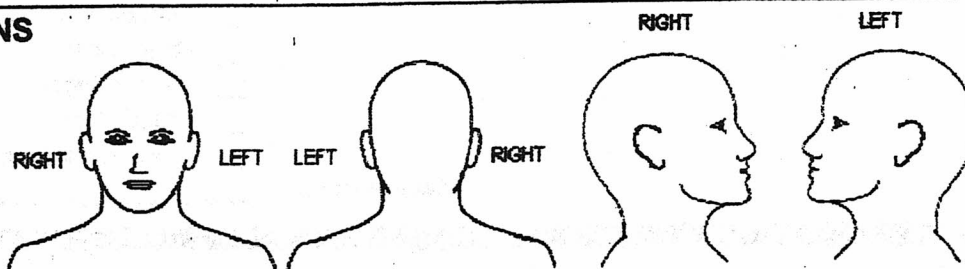
Y ☐ N ☐ Motor vehicle accident
Y ☐ N ☐ Motorcyclist accident
Y ☐ N ☐ Work related incident
Y ☐ N ☐ Playground incident
Y ☐ N ☐ Athletic endeavor
Y ☐ N ☐ Fight
Y ☐ N ☐ Fall
Y ☐ N ☐ Accident
Y ☐ N ☐ Illness
Y ☐ N ☐ Injury
Y ☐ N ☐ Unknown

If accident, what was the date? _____

What other information is important to your pain or condition? _____

DRAW YOUR PAIN PATTERNS FOLLOWING THIS KEY:

MILD PAIN 
MODERATE PAIN 
SEVERE PAIN 
B Burning
D Dull
N Numbing
P Pressure
S Sharp
T Tingling
R Radiating



I authorize the release of a full report of examination findings, diagnosis, treatment programs, etc., to any referring or treating dentist or physician. I additionally authorize the release of any medical information to insurance companies or for legal documentation to process claims. I understand that I am responsible for all fees for treatment regardless of insurance coverage.

Patient Signature _____

Date _____